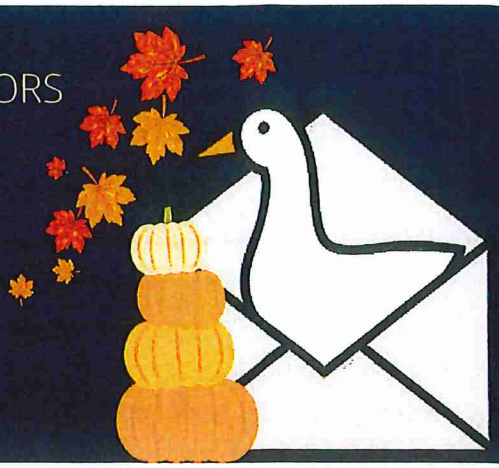
A MONTHLY NEWSLETTER FOR LITTLE COMPTON SENIORS

LITTLE COMPTON SENIOR DIGEST

November 2026 - 13th Edition



The RI Department of Health Wants to Hear From YOU

The Rhode Island Department of Health (RIDOH), in collaboration with the Executive Office of Health and Human Services (EOHHS), is gathering input from rural residents and families to help inform the planning of **Rural Mobile Health Clinics.** This is a project supported by the **Rural Health Transformation Program (RHTP).**

We are reaching out to **municipalities and senior centers in rural communities** to ask for your partnership in helping us reach older adults and residents to encourage participation in our **Community Health Needs Survey.**

We want to hear directly from residents about their healthcare needs, challenges in accessing care, and the types of healthcare services that would be helpful in the 18 rural communities supported by the RHTP: Burrillville, Charlestown, East Greenwich, Exeter, Foster, Glocester, Hopkinton, Jamestown, **Little Compton**, New Shoreham/Block Island, North Smithfield, Portsmouth, Richmond, Scituate**,** Smithfield, Tiverton, West Greenwich, and Westerly.

Community Health Needs Survey details:

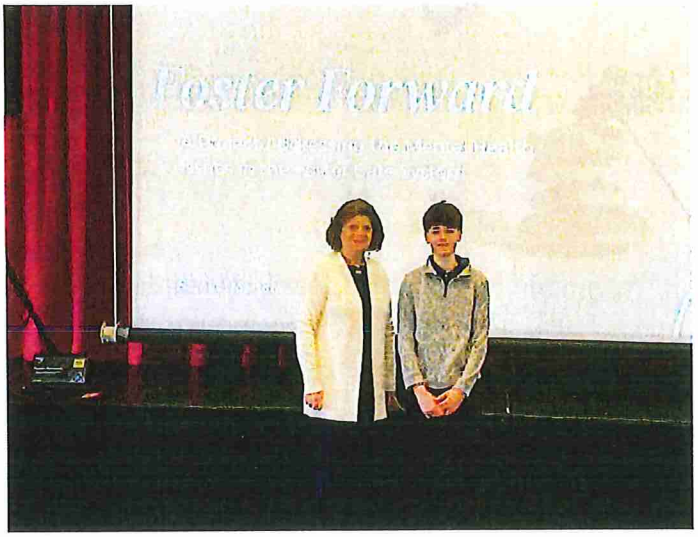
- **Dates:** October 13th – November 20th, 2026
- **Who Can Participate:** Residents of 18 rural communities supported by RHTP
- **Time to Complete:** Approximately 10 minutes
- **Languages:** English and Spanish
- **Incentive:** Opportunity to enter a raffle for $50 gift cards

Survey QR Code and Link: https://redcap.link/rhtpmobile



Wilbur-McMahon Eighth Graders Look to Make a Difference in Little Compton

LITTLE COMPTON, R.I. — Eighth-grade students at Wilbur-McMahon School are taking an important step toward becoming active, engaged citizens by investigating ways to make a meaningful difference in their community. As part of the school's International Baccalaureate (IB) Middle Years Programme (MYP), students are beginning their individual Community Projects, an initiative that encourages young people to identify genuine community needs and develop thoughtful, achievable solutions.



Students investigate local community needs through International Baccalaureate Community Projects

The Community Project is more than a traditional school assignment. It challenges students to look beyond the classroom, engage with community members, and recognize that even young people can make meaningful contributions to the places where they live.

Throughout the 2026–2027 school year, students will move through four important stages: investigating a community need, developing a plan, taking action, and reflecting on the impact of their work. Each student will pursue an individual project with guidance from a school mentor and assistance from an outside community organization or local expert.

Looking Closely at Little Compton's Needs

While students may address local or global issues, several potential projects focus on preserving and strengthening the Little Compton community.

Environmental stewardship is one area of interest. Students are exploring opportunities to address invasive plants that threaten natural habitats and historic stone walls, preserve native vegetation, improve pollinator habitats, and protect local shorelines. Possible projects could involve working with conservation organizations, conducting research, raising awareness, or participating in supervised environmental improvement activities.

Other potential projects focus on supporting residents and strengthening community connections. Students may investigate ways to assist the Little Compton Food Bank, help older residents navigate technology, promote local library resources, or develop educational materials about emergency preparedness.

Preserving Little Compton's rich history is another possibility. Students could work with local historians to document residents' stories, research historic landmarks, or develop educational resources that help younger generations understand the town's heritage.



These ideas represent possible directions for student inquiry, not a predetermined list of projects. Students must first establish that a genuine community need exists and determine how their individual interests and abilities can contribute to addressing it.

Learning Through Service and Civic Responsibility

An important component of the IB Community Project is connecting classroom learning to responsible action. Students must conduct research, communicate with others, manage their time, develop realistic plans, and evaluate the effectiveness of their work. Projects may involve direct service, such as participating in a community improvement activity, or indirect service, such as conducting an awareness campaign, creating educational resources, or advocating for an identified community need.

Throughout the process, students will document their experiences and reflect on what they learn about collaboration, leadership, problem-solving, and civic responsibility.

An Invitation to the Little Compton Community

The success of these projects depends in part on meaningful partnerships between students and the broader community.

Wilbur-McMahon School welcomes ideas and insights from Little Compton residents, nonprofit organizations, conservation groups, local businesses, and community leaders who can help students identify genuine needs and explore possible solutions. Community members may know of a local environmental concern, an unmet need affecting residents, a historical preservation opportunity, or a small but meaningful improvement that could benefit the town. Their knowledge and experience can help students develop projects that are practical, safe, and responsive to the people they hope to serve.

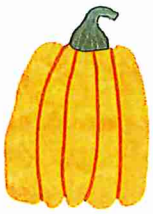
Residents and organizations interested in sharing community needs, project ideas, or expertise are encouraged to contact Lee Torres, IB MYP Community Project Coordinator, at ltorres@lcsd.k12.ri.us.

By participating in the IB Community Project, Wilbur-McMahon's eighth graders are learning an important lesson: citizenship is not simply something studied in school. It is something practiced through curiosity, responsibility, service, and a willingness to contribute.

As these young people investigate the challenges and opportunities facing Little Compton, they are discovering that making a difference begins with a simple question: "What does our community need, and how can I help?"

Submitted by Lee Torres, IB MYP Community Project Coordinator,
Wilbur-McMahon School | ltorres@lcsd.k12.ri.us

Upcoming Events at the Community Center!



Happy November! Check out some of the fall events happening at the center!

- **Veteran's Dinner:**

Monday November 2nd, 5:30PM- 8:00 PM

Please meet us on the lawn at 5:15PM to welcome our veterans!

- **Rummikub Afternoon**

Monday November 9th, 4:00PM-6:00PM

- **Crafting at the Cinema:**

Thursday November 12th, 6:00PM-8:00PM

- **Poetry Night:**

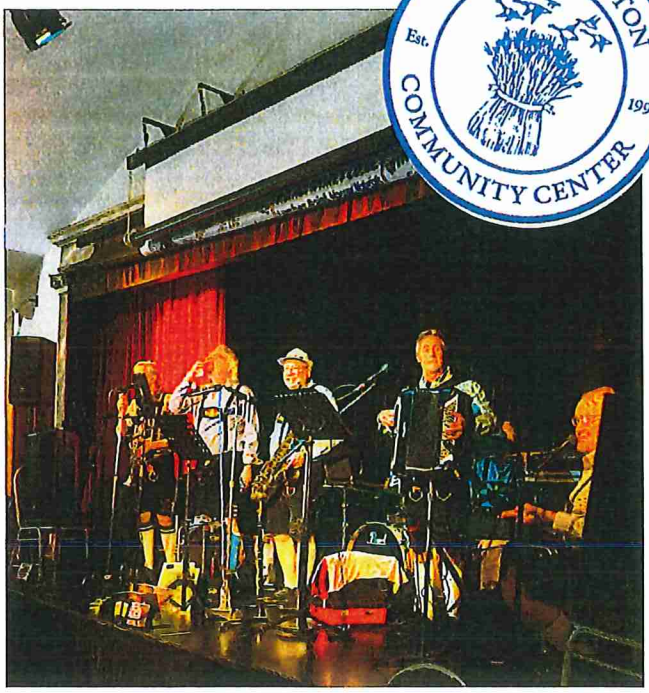
Monday November 16th, 6:00PM-8:00PM

- **Kris Donovan Book Signing:**

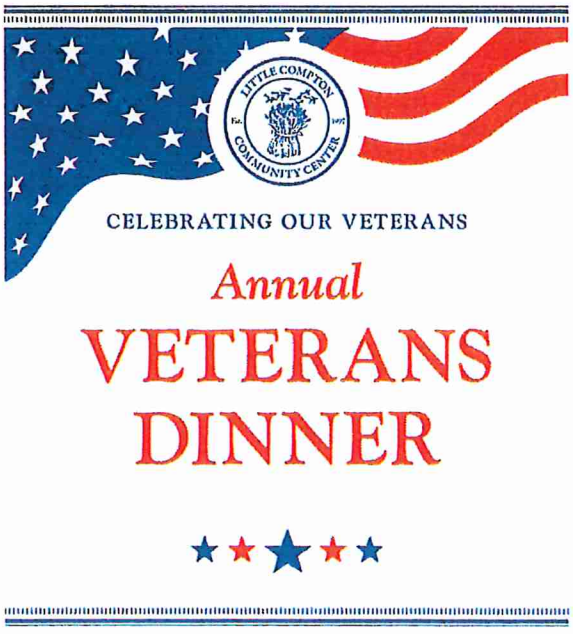
Thursday, November 19th, times TBD



The Community Center is currently looking for sponsors to make the fall events thrive! Are you an individual or business hoping to support local access to the arts? Connect with juliatripp@lccenter.org today!



The wonderful band from Polka and Pierogis last month!



To learn more about Little Compton Community Center, and their calendar of fall events, please visit lccenter.org.

Art & Aperitif — A Holiday Preview Evening

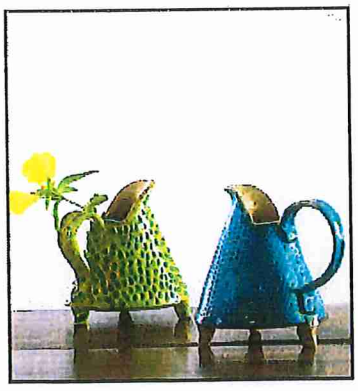
Join us for an elegant evening of art, conversation, and seasonal celebration at Serena's Studio Gallery.

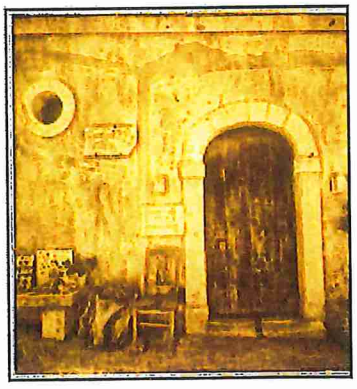
Friday, November 27 | 5-7 PM
313 Long Highway
Little Compton,RI
serena313@icloud.com

Be among the first to enjoy a special preview of our holiday art offerings, featuring the work of three artists working in a variety of mediums.

Serena Parente Charlebois — Fine Art Photography
Galen Snow — Paper Montage
Caroline Unruh — Painted Porcelain

On Friday Evening, enjoy aperitifs and light bites as you browse the gallery, discover unique works of art, and find something truly special for the holiday season—or perhaps for yourself.
Art & Aperitif offers a relaxed opportunity to experience the gallery before our traditional holiday market the following day.





Then join us again on **Saturday, November 28**, from **11 AM–5 PM** for our traditional Holiday Market, featuring art, creativity, and a festive day at Serena's Studio Gallery. We hope you'll join us for a beautiful start to the holiday season.

LITTLE COMPTON MEETING CALENDAR

- **Beach Commission :: November 10th at 7pm**
- **Conservation Commission :: November 25th at 7pm**
- **Harbor Commission :: November 12th at 6pm**
- **Historic Preservation Advisory :: *December 7th at 7pm***
- **Housing Trust :: November 9th at 6pm**
- **Little Compton Agricultural Trust :: November 4th at 7pm**
- **Pension Committee :: November 12th at 9am**
- **Probate :: November 16th at 3pm**
- **Planning Board :: November 10th at 7pm**
- **Recreation Committee :: November 30th at 6:30pm**
- **Town Council :: November 5th and 19th at 7pm**
- **Zoning Board of Review :: November 18th at 7pm**




Brownell Library Happenings




Little Compton Writing Circle / Tuesday, November 3rd and 17th at 5:30 PM
Adult writers of all genres and experience levels are welcome!

Balance and Fall Prevention with local resident Amy Simmons and colleague Andrea Wasylow / Tuesday, November 10th @ 1 PM
Join Amy Simmons, PT, DPT, MS and Andrea Wasylow, PT, DPT, ATC-L of Connections Physical Therapy for an engaging and practical lecture

Little Rhody Mini Hoop with Karen Katin / Saturday, November 14th @ 10:30 AM - 12 PM - - REGISTRATION REQUIRED
In this beginner-friendly class, sew an ornament-sized Little Rhody hoop. All embroidery is completed with a backstitch on a water-soluble image sticker. Add a little French Knot to pinpoint your town if you like. Finish the hoop back with some felt and a ribbon loop for hanging, if time allows (patrons will go home with these supplies if they run out of time during class). Experience with needle and thread helps, but is not required for this class. All supplies and instruction will be provided.

All the Genres Book Club / Tuesday, November 17th @ 4 PM and 6 PM
This month's book is The Quiet Librarian by Allen Eskens – Stop by the library to pick up a copy. All are welcome!

November Town Hall Hours:
Closed for Veterans Day, Monday November 11th
Mon-Fri 8am-4pm, Closed on Sat-Sun

Kids activities & Raffles!



Hope Alpaca

Holiday

Open Farm Day

Farm fun for the whole family!

BBQ y Más food truck!

Come meet Santa and the alpacas, donkey, geese & ducks!

Shop the freshly stocked farm store for:

- Alpaca wear
- Plushes and gifts
- Signed copies of "Alice & the Alpaca Adventure"

Saturday
November 28th
11a-2p
134 Maple Ave
Little Compton R.I.



Town Bus Transportation Information

Call **(401) 777-9700** to reserve a seat on the bus.

Please make the reservation by ***4 pm on the Friday preceding*** the week you want to ride.

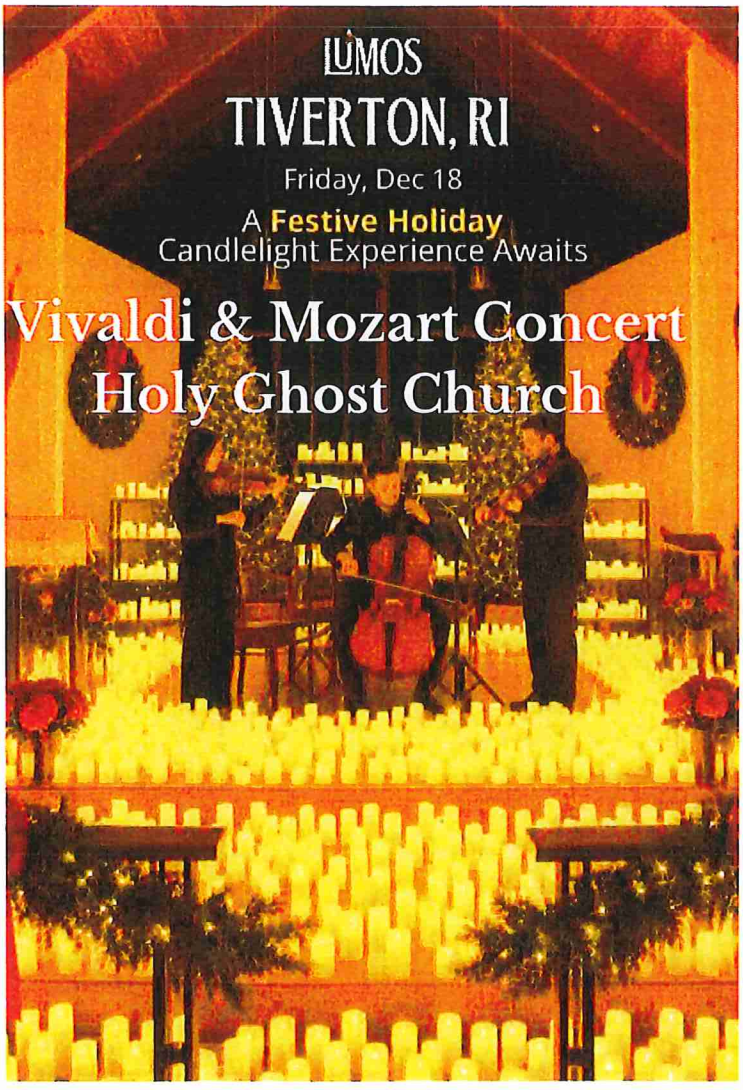
First Monday of the month - Ride to Dartmouth Mall

Monday, Wednesday and Friday - Senior Lunch at Community Center

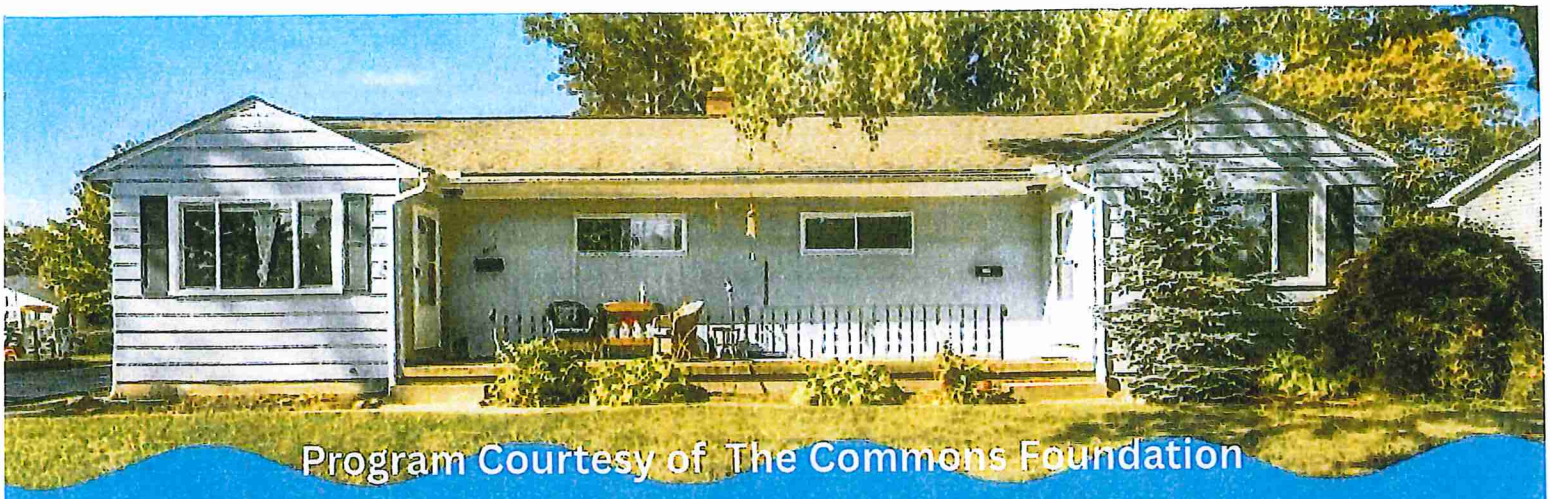
Tuesday - Ride to Lees Market

Thursday - Ride to Market Basket and Walmart

~ Upcoming Events ~







Program Courtesy of The Commons Foundation

Keeping the Family Home in the Family

Protecting Your Property, Preserving Generational Wealth, and Planning for the Next Generation

LC Wellness Center

115 East Main Rd, Little Compton, 02837

Register Online

commonsfoundationlc.org

November 17th at 6:00PM

For many families, their home is more than just a place to live; it's their largest financial asset and an opportunity to create lasting generational wealth.

Join us for an educational discussion on how thoughtful estate planning can help protect your home, minimize potential taxes, avoid unnecessary probate costs, and ensure that the wealth you've built can benefit future generations.

We'll explore the basics of trusts, property transfers, and how to avoid common estate planning mistakes to make transferring your home to your loved ones easier.

*The workshop is **FREE** and FOOD will be provided!*

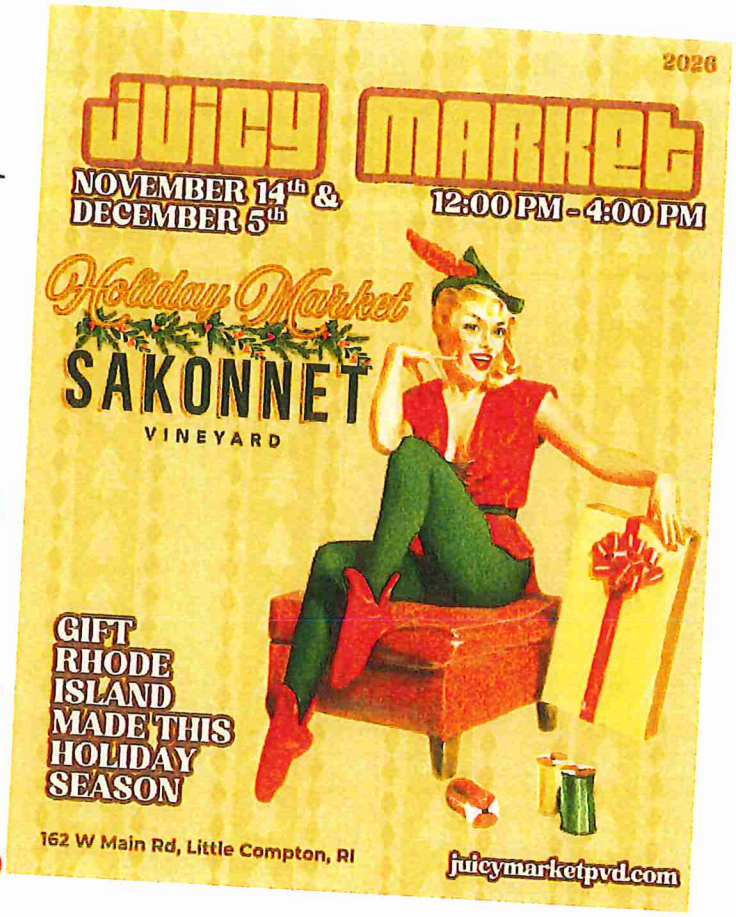
COMMUNITY EVENTS CALENDAR

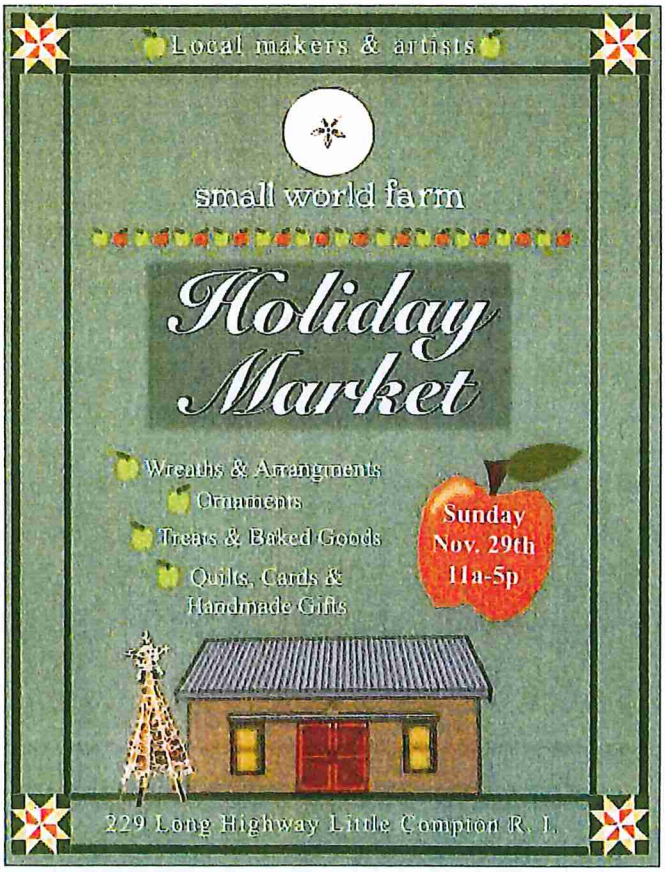
What's going on this month in
Little Compton & surrounding areas?

$ ENTRY FEE
CALL FOR PRICING AND TICKETS

$ FREE TO ATTEND
PAID OPPORTUNITIES MAY BE AVAILABLE ON-SITE

NOV MON 1PM - 3PM	**SENIOR SERVICES OFFICE HOURS EVERY MONDAY** DROP-INS WELCOME	**BROWNELL LIBRARY** $ **44 COMMONS** **LITTLE COMPTON** **(401) 635-8562** brownell-libraryri.org
NOV WED 1PM- 4PM	**TECH HELP** WEDNESDAYS WALK-INS WELCOME *first come, first served	**BROWNELL LIBRARY** $ **44 COMMONS** **LITTLE COMPTON** **(401) 635-8562** brownell-libraryri.org
NOV 15TH 6PM - 8PM	**SAKONNET VINEYARD** TRIVIA WITH GARY FARIAS	**SAKONNET VINEYARD** $ **162 WEST MAIN RD.** **LITTLE COMPTON** **(401) 635-8486** sakonnetwine.com
SUN NOV 15TH	**PATRIOTS & SUNDAY BRUNCH** *9:30AM KICKOFF* *FOOD FOR PURCHASE*	**THE BEER FIELD** $ **26 MAIN STREET** **ADAMSVILLE** **(401) 424-2337**
NOV 19TH 5:30PM	**THE COOKING CLUB** **APPETIZERS & COOKIES** *BRING COOKIES & A COOKBOOK TO SWAP*	**WELLNESS CENTER** $ **115 EAST MAIN RD.** **LITTLE COMPTON** **(401) 592-0400** lcwellness.org
NOV 22ND 10AM -2PM	**TIVERTON FARMERS MARKET CRANBERRY CRAZE** *SPECIAL HOLIDAY MARKET* tivertonfarmersmarket.com	**TIVERTON** $ **MIDDLE SCHOOL** **10 QUINTAL DR.** **TIVERTON**
NOV FRI & SAT	**LITTLE COMPTON FOOD BANK** **FRIDAY 1PM TO 2:30PM** **SATURDAY 9AM TO 10:30AM**	**WELLNESS CENTER** $ **115 EAST MAIN RD.** **Serving Little Compton & Tiverton**





Do **YOU** have an event for *The Senior Digest* Events Calendar?
Email DirectorSS@littlecompton.gov

Name:

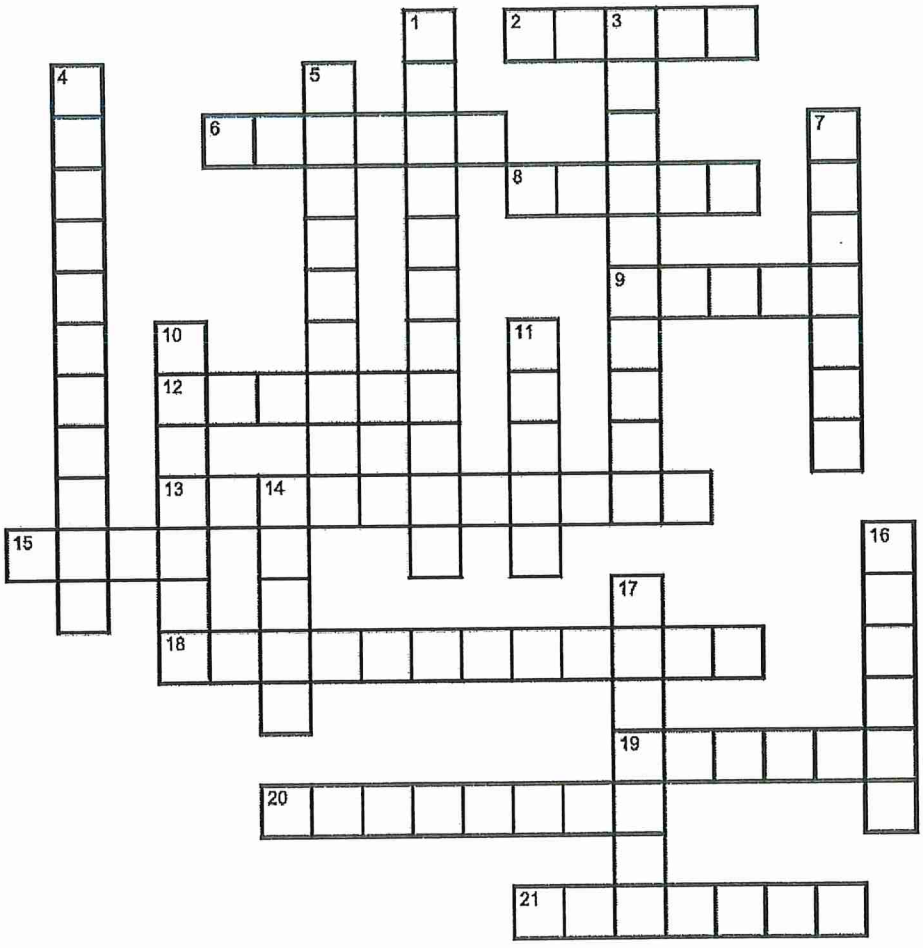
November

ACROSS

2. Sponsors of the annual Thanksgiving parade in New York City.
6. Traditional Thanksgiving bird.
8. Breezy or gusty.
9. Drink made from apples.
12. Another word for the fall season.
13. November 11th.
15. Tool for gathering leaves.
18. Celebrated on the fourth Thursday of November.
19. What the turkey said.
20. Eleventh month of the year.
21. Often used to make pie in November.

DOWN

1. First Tuesday after the first Monday in November.
3. Horn of abundance.
4. The day after Thanksgiving.
5. Thankfulness.
7. Along with Sagittarius, zodiac sign for November.
10. The gathering of crops.
11. Deposit of small ice crystals.
14. Along with citrine, birthstone for the month of November.
16. They're raked in autumn.
17. Mayflower passenger.



Autumn	Gratitude	Rake
Black Friday	Harvest	Scorpio
Cider	Leaves	Thanksgiving
Cornucopia	Macy's	Topaz
Election Day	November	Turkey
Frost	Pilgrim	Veterans Day
Gobble	Pumpkin	Windy



Have you completed this puzzle? Congrats to our October winner!
Turn completed puzzles in to Pamela at her office at Town Hall, or text a picture to her at (401) 450-4658 to be entered into the monthly drawing!

© puzzles-to-print.com

Little Compton
Assistance Association

Looking for help?

About Us:

- The Little Compton Assistance Association (LCAA) was created in 1981, provides confidential emergency financial grants to assist with basic needs of residents in Little Compton and Tiverton, RI.

- Utilities, fuel, rent, and medications are the common forms of assistance although each situation is considered separately. Typical grants range from $50 up to $500. We pay bills directly to the Vendor. There is a Annual Cap.

- The LCAA is a 501c(3) tax deductible, charitable organization supported by contributions from generous private donors

- The Board of Directors consists of clergy and members of the community. They review the anonymous disbursements, work to raise awareness of the critical needs of our neighbors and solicit the financial contributions necessary to support the grants.

- The LCAA works in tandem with the director of Social Services for Little Compton. Requests for assistance should be made to her or through Little Compton Police Officer Caitlin Silveira

To contribute, checks should be made payable to Little Compton Assistance Association and forwarded to:

PO BOX 253
LITTLE COMPTON, RI 02837